

# ROSS

# MARCH, 2023

Monday

Tuesday

Wednesday

Thursday

Friday

**On the Menu for Lunch:**

**Cost: \$4.75 Full ... Free/Reduced - No Charge**



**ALTERNATES .. Available Daily:**

- \* Cheese Sandwich
- \* Yogurt, 1/2 Cheese Sandwich & Graham
- \* SunButter & Jelly Sandwich w/String Cheese & Graham
- \* Daily Salad Choice with Fruit and Roll



All Entrees and Salad Bowl are peanut free.

This institution is an equal opportunity provider and employer.

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<p><b>NO PORK PRODUCTS USED.</b></p> <p><b>MENU SUBJECT TO CHANGE DUE TO DELIVERY DIFFICULTIES.</b></p>	<p><b>MILK CHOICES;</b></p> <p><b>1% WHITE FAT-FREE CHOCOLATE</b></p>	<p>Pasta &amp; Beef Meatballs w/ WG Rando Roll Garden Salad Chilled Fruit Cup <b>OR</b> Buffalo Chix Salad, Fruit &amp; Roll Choice of Milk</p>	<p>ABC Chicken w/Goldfish Crackers  Tater Tots Chilled Fruit Cup <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll Choice of Milk</p>	<p>French Toast Sticks w/Turkey Sausage Links Hash Brown Rounds Chilled Fruit Punch <b>OR</b> Garden Salad w/Sliced Egg, Fruit &amp; Roll Choice of Milk</p>
6	7	8	9	10
<p>Cheese Pizza Carrot Sticks w/Dip &amp; 3 Bean Salad Chilled Apple Juice <b>OR</b> Buffalo Chix Salad, Fruit &amp; Roll Choice of Milk</p>	<p>Chicken Fries w/WG Dinner Roll Buttered Noodles &amp; Sweet Corn Chilled Fruit Cup <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll Choice of Milk</p>	<p>Hamburger w/WG Hamburger Roll Baked Fries Chilled Fruit Cup <b>OR</b> Buffalo Chix Salad, Fruit &amp; Roll Choice of Milk</p>	<p>Popcorn Chicken w/WG Dinner Roll Mashed Potatoes &amp; Cooked Carrots Chilled Fruit Cup <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll Choice of Milk</p>	<p>Yogurt &amp; 1/2 Cheese SW w/Cheeze-it Cracker Carrot Sticks Chilled Fruit <b>NO SALADS TODAY</b> Choice of Milk</p>
13	14	15	16	17
<p>Breaded Mozzarella Sticks w/Marinara Dip Carrot Sticks w/Dip &amp; Fresh Broccoli Fresh Apple Slices <b>OR</b> Buffalo Chix Salad, Fruit &amp; Roll Choice of Milk</p>	<p>Grilled Cheese Tater Tots Chilled Fruit Cup <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll Choice of Milk</p>	<p>Cheese Quesadilla Slice w/Salsa Garden Salad Chilled Fruit Cup <b>OR</b> Buffalo Chix Salad, Fruit &amp; Roll Choice of Milk</p>	<p>Chicken Patty w/WG Hamburger Roll Sweet Potato Fries Chilled Fruit Cup <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll Choice of Milk</p>	<p> Turkey Bacon, Egg, Cheese w/WG English Muffin Hash Brown Rounds Chilled Fruit Punch <b>OR</b> Garden Salad w/Sliced Egg, Fruit &amp; Roll Choice of Milk</p>
20	21	22	23	24
<p>Cheese Pizza Carrot Sticks w/Dip &amp; Green Beans Chilled Apple Juice <b>OR</b> Buffalo Chix Salad, Fruit &amp; Roll Choice of Milk</p>	<p>Cheeseburger on WG Roll Baked Fries Chilled Fruit Cup <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll Choice of Milk</p>	<p>Chicken Tenders w/BBQ Sauce &amp; WG Biscuit Macaroni/Cheese &amp; Sweet Peas Chilled Fruit Cup <b>OR</b> Buffalo Chix Salad, Fruit &amp; Roll Choice of Milk</p>	<p>Beef Sloppy Joe w/WG Sandwich Roll Potato Wedges Chilled Fruit Cup <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll Choice of Milk</p>	<p>Funnel Cake w/Turkey Sausage Patty Hash Brown Chilled Fruit &amp; Chilled Apple Juice <b>OR</b> Garden Salad w/Sliced Egg, Fruit &amp; Roll Choice of Milk</p>
27	28	29	30	31
<p>Cheese Calzone Carrot Sticks w/Dip &amp; Mixed Veggies Fresh Apple <b>OR</b> Buffalo Chix Salad, Fruit &amp; Roll Choice of Milk</p>	<p>Fish Sticks w/WG Garlic Knot WG Rice and Peas/Carrots Chilled Fruit Cup <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll Choice of Milk</p>	<p>Beef Meatball Sub on Rando Roll Waffle Fries Chilled Fruit Cup <b>OR</b> Buffalo Chix Salad, Fruit &amp; Roll Choice of Milk</p>	<p>Turkey Taco Meat, Cheese Dip &amp; Salsa Bag of Scoops &amp; Sweet Corn Chilled Fruit Cup <b>OR</b> Chef w/Egg &amp; Tuna Salad, Fruit &amp; Roll Choice of Milk</p>	<p>Chicken Nuggets w/WG Chessy Breadstick Baked Sweet Potatoes Chilled Apple Juice <b>OR</b> Garden Salad w/Sliced Egg, Fruit &amp; Roll Choice of Milk</p>